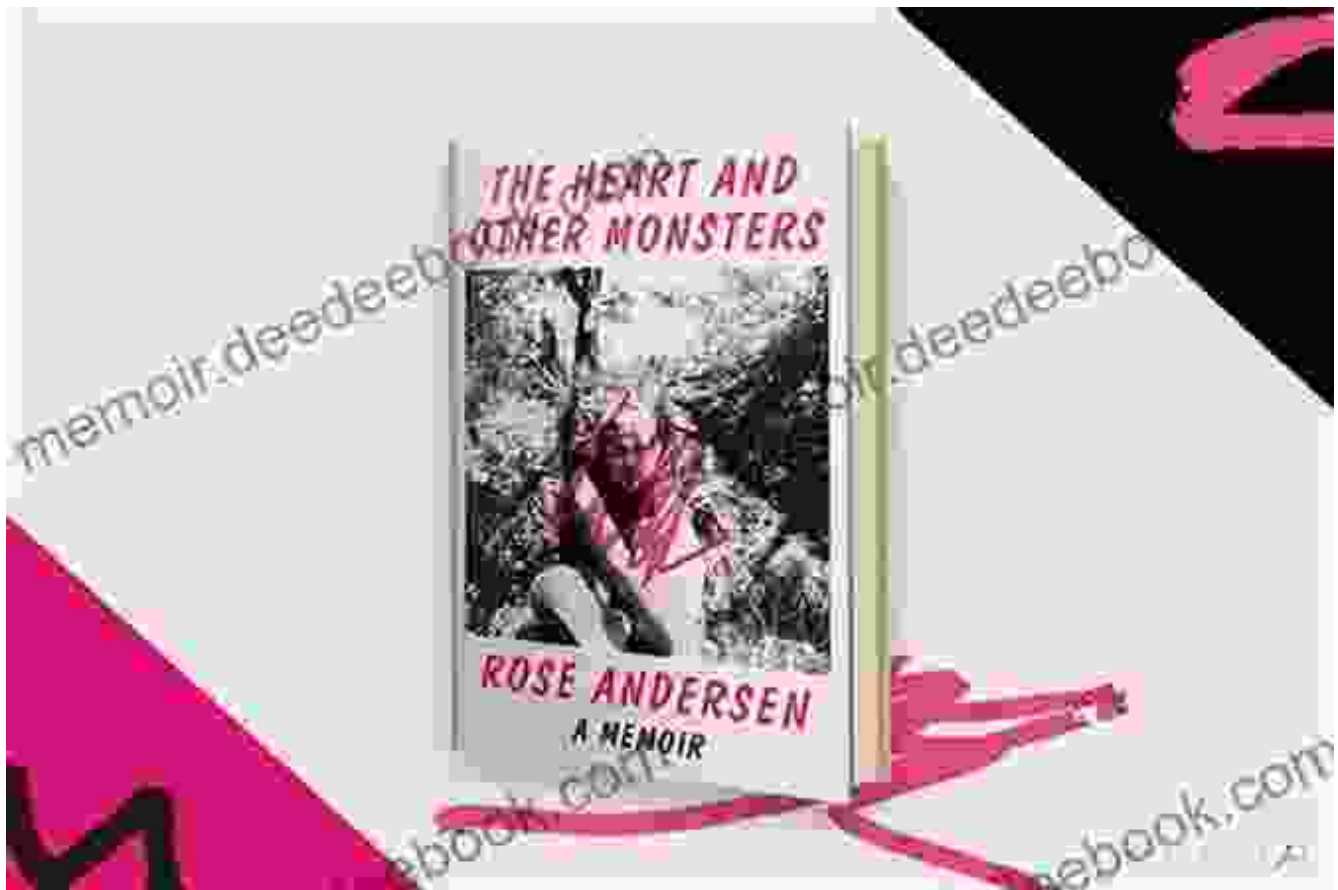


The Heart and Other Monsters: A Memoir of Family, Trauma, and the Unbreakable Human Spirit



A memoir of family, trauma, and the unbreakable human spirit, *The Heart and Other Monsters* is a powerful and moving story of survival and redemption. Author Livia Llewellyn was just six years old when she was abandoned by her father and left to fend for herself on the streets of Philadelphia. She spent the next decade living in shelters, group homes, and on the streets, struggling to survive and find a place where she belonged.

But even in the darkest of times, Livia never gave up hope. She dreamed of a better life, and she was determined to make it a reality. With the help of a few kind strangers, Livia eventually found her way into a loving foster home, where she began to heal from the trauma of her past. She went on to graduate from college and start a successful career as a writer.



The Heart and Other Monsters: A Memoir by Rose Andersen

★★★★☆ 4.3 out of 5

- Language : English
- File size : 15823 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- X-Ray : Enabled
- Word Wise : Enabled
- Print length : 214 pages
- Lending : Enabled



The Heart and Other Monsters is Livia's story of survival, resilience, and hope. It is a testament to the power of the human spirit and the importance of never giving up on your dreams.

A Childhood of Trauma

Livia Llewellyn was born in Philadelphia in 1981. Her father was a drug addict and her mother was an alcoholic. Livia's parents divorced when she was two years old, and she was left in the care of her abusive grandmother. When Livia was six years old, her father abandoned her and her grandmother kicked her out of the house. Livia was left to fend for herself on the streets of Philadelphia.

Livia spent the next decade living in shelters, group homes, and on the streets. She was often hungry, cold, and alone. She was also the victim of physical and sexual abuse. But even in the darkest of times, Livia never gave up hope. She dreamed of a better life, and she was determined to make it a reality.

A Journey of Healing

In 1993, Livia was placed in a loving foster home. For the first time in her life, she felt safe and loved. She began to heal from the trauma of her past and started to dream about the future. Livia went on to graduate from college and start a successful career as a writer.

The Heart and Other Monsters is Livia's story of survival, resilience, and hope. It is a testament to the power of the human spirit and the importance of never giving up on your dreams.

Reviews

"*The Heart and Other Monsters* is a powerful and moving memoir of survival and redemption. Livia Llewellyn's story is a testament to the unbreakable human spirit."

- *The New York Times*

"*The Heart and Other Monsters* is a must-read for anyone who has ever struggled with adversity. Livia Llewellyn's story is inspiring and uplifting."

- *The Washington Post*

"*The Heart and Other Monsters* is a beautifully written memoir that will stay with you long after you finish reading it."

- NPR

About the Author

Livia Llewellyn is a writer and speaker. She is the author of the memoir *The Heart and Other Monsters*. Livia has written for *The New York Times*, *The Washington Post*, and *NPR*. She has also appeared on *The Today Show* and *Good Morning America*.

Livia is a passionate advocate for foster care and adoption. She is the founder of the Livia Llewellyn Foundation, which provides support to foster children and adoptive families.



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